

LUNCH

SHAREABLES

SPINACH ARTICHOKE DIPVG | \$14
PARMESAN, SMOKED PAPRIKA, TORTILLA CHIPS

BURRATA SALAD\$19
PUMPKIN ROMESCO, RADICCHIO, PEAR, ARUGULA, TOASTED HAZELNUT VINAIGRETTE

MARGHERITA FLATBREAD\$16 
POMODORO, MOZZARELLA CHEESE, BASIL FROM THE GARDEN

SPICY ITALIAN SAUSAGE FLATBREAD\$18
CHARRED ONION, FRESNO PEPPER, MOZZARELLA, ROASTED RED PEPPER, BASIL-PINE NUT POMODORO, ARUGULA

SOUP & SALADS

BUTTERNUT SQUASH BISQUEGF, VG | \$12
ADD GRILLED CHEESE.....\$5

CAESAR SALADVG | \$16
TREVISO RADICCHIO, CASTELFRANCO, HOUSE CAESAR DRESSING, AGED PARMESAN, GARLIC STREUSEL AND FRICO

HEIRLOOM BEET SALADVG | \$17
ROASTED BABY BEETS, NOBLE SPRINGS GOAT CHEESE, SPICED WALNUTS ARUGULA, CITRUS SUPREMES, BANYULS VINAIGRETTE

MARKET QUINOA BOWLGF, DF, V | \$18 
ROASTED CORN, SHAVED CARROTS, TOMATO, CUCUMBER, PICKLED RED ONIONS, HERB DRESSING

ADD-ON AVAILABLE:

AVOCADO | 4 GRILLED OR CRISPY CHICKEN | 6 *SALMON | 8

CHEF'S WEEKLY SPECIAL

ASK YOUR SERVER ABOUT OUR SENSATIONAL SPECIAL

SIDES

FRENCH FRIES.....\$10
SWEET POTATO FRIES.....\$12
BRAISED WHITE BEANS\$9
GARDEN SALAD.....\$10
FRUIT BOWL.....\$10

MAINS

SERVED WITH FRENCH FRIES
SUBSTITUTE SWEET POTATO FRIES | 3

BIG STOMP BURGER\$19
TWO 4OZ AMERICAN WAGYU PATTIES, CHEESE SAUCE, LETTUCE SMASHVILLE SAUCE, HOUSE-MADE SESAME BUN, FRENCH FRIES
ADD CAGE-FREE FRIED EGG.....\$3 ADD BACON.....\$3

GRILLED CHICKEN & AVOCADO SANDWICH\$22
GRILLED CHICKEN BREAST, SWISS CHEESE, APPLEWOOD SMOKED BACON AVOCADO, TOMATO, BABY ARUGULA, LEMON AIOLI, CIABATTA

HAND-CARVED TURKEY CLUB\$19
TURKEY BREAST, BACON, GREEN LEAF LETTUCE, VINE-RIPE TOMATO HERB AIOLI, TOASTED SOURDOUGH

CRISPY FRIED CHICKEN SANDWICH\$18
BUTTERMILK FRIED CHICKEN BREAST, ROMAINE, LOUIE SAUCE, PICKLES, HOUSE-MADE SESAME BUN FRENCH FRIES (AVAILABLE IN "NASHVILLE HOT")

FISH & CHIPS\$26
CAROLINA FLOUNDER, LOCAL TN BEER BATTER, DILL TARTAR SAUCE, CABBAGE SLAW, MALT VINEGAR SEASONED FRIES

MUSIC CITY BENTO

A NOD TO THE CLASSIC MEAT & THREE

SELECT ONE PROTEIN

CIDER-GLAZED PORK BELLYDF,GF | \$19
CHIMICHURRI STEAK SKEWERSDF | \$25
GRILLED SALMON.....DF,GF | \$23
SOUTHERN FRIED CHICKENDF | \$20

SELECT TWO FIXIN'S

CAESAR SALAD
FRENCH FRIES
BRAISED WHITE BEANS
ROOT VEGETABLE SLAW

SELECT ONE BREAD

CHEDDAR CORNBREAD MUFFIN | HOUSE CRAFTED PARKER ROLLS
SERVED WITH WHIPPED BUTTER

NON-ALCOHOLIC BEVERAGES

FIJI WATER (500ML) | 8 FIJI WATER (1 LTR) | 10 PELLEGRINO (500ML) | 8

ASSORTED JUICES | 9 ORANGE, APPLE, CRANBERRY, TOMATO, PINEAPPLE

SPECIALTY JUICES | 11 FRESHLY SQUEEZED GRAPEFRUIT JUICE, IMMUNITY, ENERGIZED, MIGHTY GREEN

ASSORTED SOFT BEVERAGES | 6 PEPSI, DIET PEPSI, STARRY, MOUNTAIN DEW, DR. PEPPER

ILLY BREWED COFFEE | 6 TEA | 8 BREAKFAST, EARL GREY, JASMINE GREEN, PEPPERMINT, FOUR RED FRUITS BLEND, CHAMOMILE

9 PEACH ICED TEA | 9 RASPBERRY ICED TEA